

Yoga

Basic yoga and stretching program

(01hr)

- ***98 Royal Treatments***

02 Hours

Rs.12,900/=

Aroma Full Body Massage with Aroma Selecting Oils

Special Foot Reflexology with warm Milk Rice Pack Thawing

(Punching). Royal aroma bath (Aroma Oil, herbal, milk and flowers)

****Above rates are for per person***

****Above rates are inclusive of VAT and Service Charge***
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A la Carte Menu

- **Prana- Head to Feet Full Body Massage** 60min Rs.8,400/=
(Selecting oils, Herbal & Aroma oils)
- **Suweda – Full Body Massage with Steam Bath** 80min Rs.9,600/=
(Herb infused steam bath to encourage deep cleansing and opening of pores. This is a special treatment for physical and mental relives)
- **Nadi- Herbal Foot Bath & Foot Reflexology** 45min Rs.6,400/=
- **Shanthy – Anti Stress Massage** 45min Rs.6,400/=
(Head, neck, shoulders& back)
- **Nandalala – Back and Spine (Neck to lower back)** 30min Rs.4,200/=
- **Avagaha – Steam Bath Oil Apply** 30min Rs.5, 900/=
(Herb infused steam bath with oil apply & opening of pores. This is a special treatment to physical & mental relief. Helps to improve blood circulation rejuvenation.)
- **Vakthara – Facial Treatment with steaming** 60min Rs.5,900/=
(Natural blends of cleansing, scrub, pack, toner & face massage. Gently exfoliating face scrub & revitalizing herbal face mask to revitalizing the complexion, Face massage ensuring the return of glowing complexion.)
- **Sumati – Herbal Steam Inhalation** 20min Rs.3, 300/=
- **Head Massage –Including a Hot Towel** 30min Rs.4,200/=

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- *Face Massage* 30min Rs.4,200/=

(With natural Aloe Vera)

- *Palm Massage including pressure points* 30min Rs.4,200/=

- *Full Body Scrub-Selecting* 30min Rs.5,600/=

Sandalwood & Curd scrub, Tea scrub or Coffee scrub

- *Foot Scrub* 30min Rs.4,200/=

(Nail cleansing & pumice stone rub)

- ***Marma***

2 ½ Hours

Rs.14,950/=

Stress relieving head massage using special herbal oil extracts.

Face massage ensuring the return of a glowing complexion.

Head to toe massage using long flowing strokes to improve circulation and promote utter relaxation.

Special foot reflexology targeting specific pressure points of the feet to improve general wellbeing.

Herb infused steam bath to encourage deep cleansing and opening of pores.

Warming and re-energizing herbal bath to contribute to the ultimate relaxation

****Above rates are for per person***



98- Kusuma (Especially for Honey-Moon couples)

• **3 ½ Hours**

Rs.25,850/=

Full body massage fresh Papaya, Curd and Vitamin E Oil application by using long flowing strokes.

Special foot reflexology targeting specific pressure points of the feet to improve general wellbeing ease tension and promote relaxation.

Facial treatment incorporating an herbal face mask, cleanses, scrub, tone & face massage. Gently exfoliating face scrub and revitalizing herbal face mask to revitalize the complexion.

All over body scrub with White Sandalwood & Curd. Including a shower bath after scrubbing.

Steam bath with full body Bee Honey application. Helps reduce bacteria and speed healing while protecting the skin from outside disturbances, encourage deep cleansing, opening of pores, Helps to improve blood circulation rejuvenation and reduce fat on your body.

Herbs, White Sandalwood, Red Sandalwood, Jasmine Oil, Flowers and milk for beauty bath.

This is a special treatment for neutralizing & glowing skin, physical and mental rejuvenation. This will help you enter day to day life with a relaxed body, mind and soul.

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Prema

1 ½ Hours

Rs.11,900/=

Full body oil application by using long flowing strokes.

Full body massage which helps to relieve long distance travelling complications.

Special foot reflexology.

This is a special treatment for physical and mental relieves. It relieves deep vein thrombosis, muscular aches, ankle swelling, reduce stress and fully strengthen and rejuvenate your body mind and soul.

Love and Desire

3 hours

Rs.20,900/=

Full body massage using essential oils with herbs, flower and plant extracts.

Gently exfoliating face scrub and revitalizing herbal face mask to revitalize the complexion.

Foot Reflexology massage to ease tension and promote relaxation.

Steam bath with Bee Honey apply & helps reduce bacteria and speed healing while protecting the skin from outside disturbances.

Warm and reviving aroma bath to induce further relaxation.

Moisturizing body lotion with herbal or floral extracts for smooth and supple skin.

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98 Special Chill Out Experience

02 hours

Rs.12, 850/=

Head to Feet Full body massage applying with warm Herbal oil

Milk Rice Pack Full Body Thawing (Punching) Treatment

Herbal Bath

This is a special treatment for physical and mental rejuvenation. This will help you enter day to day life with a relaxed body, mind and soul.

Warm Milk Rice Pack Full Body Thawing (Punching) massage helps to improve blood circulation, rejuvenation, strengthen and nourish the body. It also concentrates on muscles and joint pain.

Heavenly Indulgence

1 ½ Hours

Rs.11, 900/=

Aroma Head to feet full body massage

*Selecting scrub (Tea scrub, Coffee scrub or Sandalwood & milk scrub).
And including a shower bath after scrubbing.*

Natural moisturizing Aloe-Vera body lotion application

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98 Hidden Relaxations

02 Hours

Rs.12, 850/=

Head to feet full body Massage

Special Foot Reflexology

Special Herbal steam bath

98 Beauty Treatments

01 1/2Hour

Rs.10, 900/=

Facial treatment (cleanser, scrub, toner, pack & face massage)

Natural full body scrub

Natural body pack with (curd, sandalwood powder, neem powder, bee honey, cocoa butter).

Including a shower bath after scrubbing.

Natural moisturizing Aloe -Vera lotion application

98 All Over Body Beauty

02 Hours

Rs.12, 850/=

Head, Shoulder and back massage using stress reducing herbal oils

Facial treatment incorporating an herbal face mask, cleanses, scrub, tone & face massage

All over body scrub with indigenous herbs and plant, tea leaves

extracts Including a shower bath after scrubbing.

Herb sandalwood and milk beauty bath

Moisturizing Aloe Vera body lotion application

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98 Relaxing Experience

02 Hours

Rs.12, 850/=

Aroma Full Body Massage (Selecting aroma oil)

Facial Treatment (cleanse, scrub, toner, pack & face massage)

Special Foot Reflexology

Asana

02 Hours

Rs12, 850/=

Full head to toe massage using combinations of special herbal oils

*Facial Treatment including nourishing herbal face mask
(cleanse, scrub, toner, pack & face massage)*

Herb infused steam bath using indigenous Sri Lankan herbs

Shama

1 ½ Hours

Rs.11, 900/=

Head, Neck, shoulder and back massage using tension relieving essential oils

Herbal with salt water - foot bath & Reflexology.

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Devine

2 ½ Hours

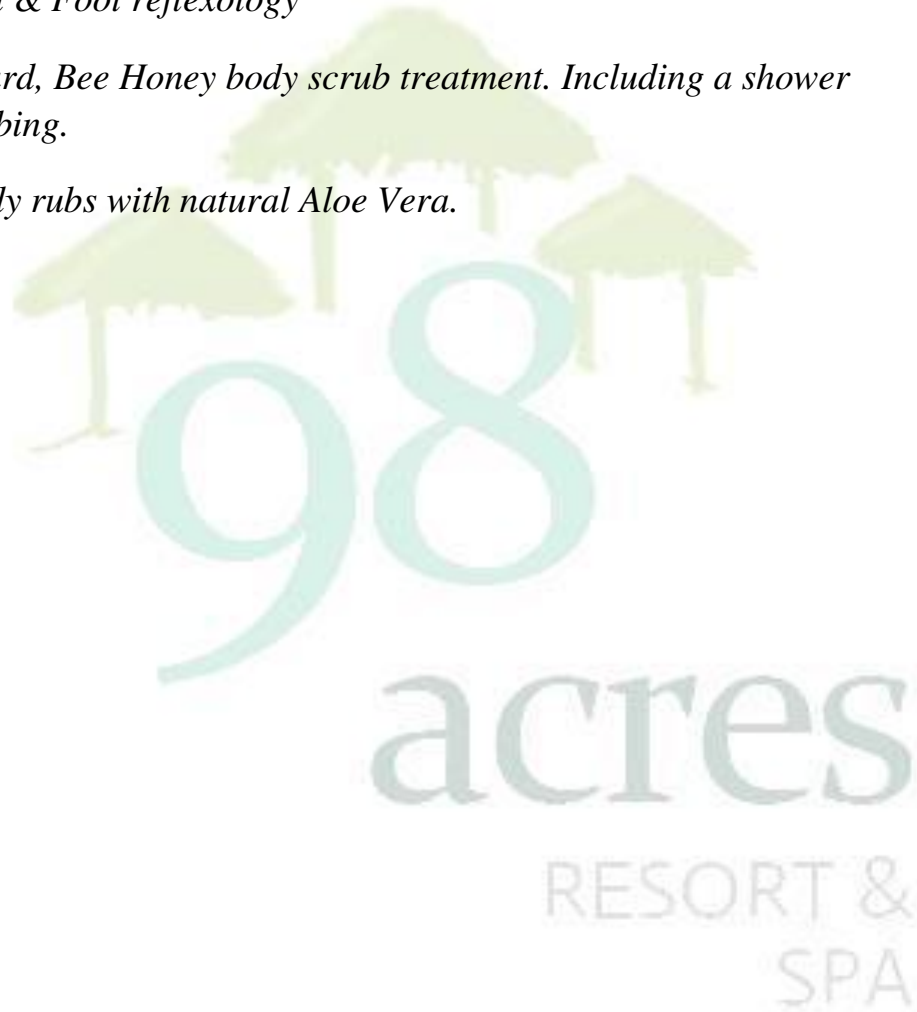
Rs.13, 950/=

Full Body Massage with body specific herbal oils.

Herbal foot bath & Foot reflexology

Sandalwood, Curd, Bee Honey body scrub treatment. Including a shower bath after scrubbing.

Rehydrating body rubs with natural Aloe Vera.



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