

## *Yoga*

*Basic yoga and stretching program*

*( 01hr )*

*Please contact reception to reserve a time.*

## *98 Royal Treatment*

*02 Hours*

*Rs.11,900/=*

*Aroma Full Body Massage with Aroma Selecting Oils*

*Special Reflexology*

*Royal aroma bath (Aroma Oil, herbal, milk and flowers)*

## *A la Carte Menu*

<i>Kusuma -Aroma Full Body Massage</i>	<i>60min</i>	<i>Rs.7,400/=</i>
<i>Prana –Herbal Full Body Massage</i>	<i>60min</i>	<i>Rs.7,400/=</i>
<i>Suweda – Full Body Massage with Steam Bath</i>	<i>80min</i>	<i>Rs.8,900/=</i>
<i>Upashama+Nadi-Foot Massage and Herbal Foot Bath</i>	<i>60min</i>	<i>Rs.6,200/=</i>
<i>Nadi – Foot Reflexology</i>	<i>45min</i>	<i>Rs.5,900/=</i>
<i>Shanthi – Anti Stress Massage</i>	<i>45min</i>	<i>Rs.5, 700/=</i>
<i>Nandalala – Back and Spine</i>	<i>30min</i>	<i>Rs.3, 900/=</i>
<i>Avagaha – Steam Bath Oil Apply</i>	<i>30min</i>	<i>Rs.5, 900/=</i>
<i>Vakthara – Facial Treatment</i>	<i>60min</i>	<i>Rs.4,900/=</i>
<i>Sumati – Herbal Steam Inhalation</i>	<i>20min</i>	<i>Rs.3, 300/=</i>
<i>Head Massage</i>	<i>30min</i>	<i>Rs.3, 900/=</i>
<i>Face Massage</i>	<i>30min</i>	<i>Rs.3, 900/=</i>
<i>Palm Massage</i>	<i>30min</i>	<i>Rs.3, 900/=</i>
<i>Sandalwood and Milk Scrub</i>	<i>30min</i>	<i>Rs.5, 600/=</i>
<i>Tea Scrub (Tea Leaves, Bee Honey, Curd)</i>	<i>30min</i>	<i>Rs.5, 900/=</i>
<i>Coffee Scrub</i>	<i>30min</i>	<i>Rs.5, 600/=</i>
<i>Foot Scrub</i>	<i>30min</i>	<i>Rs.3, 900/=</i>



## *Marma*

*2 ½ Hours*

*Rs.13,950/=*

*Stress relieving head massage using special herbal oil extracts.*

*Face massage ensuring the return of a glowing complexion.*

*Head to toe massage using long flowing strokes to improve circulation and promote utter relaxation.*

*Special reflexology targeting specific pressure points of the feet to improve general wellbeing.*

*Herb infused steam bath to encourage deep cleansing and opening of pores.*

*Warming and re-energizing herbal bath to contribute to the ultimate relaxation*

## *Prema*

*1 ½ Hours*

*Rs.10,300/=*

*Full body oil application by using long flowing strokes.*

*Full body massage which helps to relieve long distance travelling complications.*

*Special foot reflexology.*

*This is a special treatment for physical and mental relieves. It relieves deep vein thrombosis, muscular aches, ankle swelling, reduce stress and fully strengthen and rejuvenate your body mind and soul.*



## *Love and Desire*

*3 hours*

*Rs.15,800/=*

*Full body massage using essential oils with herbs, flower and plant extracts.*

*Gently exfoliating face scrub and revitalizing herbal face mask to revitalize the complexion.*

*Reflexology foot massage and herbal foot bath to ease tension and promote relaxation.*

*Warm and reviving aroma bath to induce further relaxation.*

*Moisturizing body lotion with herbal or floral extracts for smooth and supple skin.*

## *98 Special Chill Out Experience*

*02 hours*

*Rs.11,850/=*

*Head Massage*

*Face Massage*

*Body Massage*

*Warm Stone Full Body Treatment*

*Herbal Bath*

*This is a special treatment for physical and mental rejuvenation. This will help you enter day to day life with a relaxed body, mind and soul.*

*Warm stone massage helps to improve blood circulation, rejuvenation, strengthen and nourish the body. It also concentrates on muscles and joint pain.*

*\*Above rates are inclusive of VAT and Service Charge*

*www.resort98acres.com*



## *98 Romance*

*1 ½ Hours*

*Rs.9, 800/=*

*Tea Leaves scrub*

*Full body aroma oil application with full body massage*

## *Heavenly Indulgence*

*1 ½ Hours*

*Rs.9,800/=*

*Aroma full body massage*

*Selecting scrub*

## *98 Hidden Relaxations*

*02 Hours*

*Rs.11,850/=*

*Head to feet full body Massage*

*Special Foot Reflexology*

*Special Herbal steam bath*

## *98 Beauty Treatments*

*01 Hour*

*Rs.8,200/=*

*Natural full body scrub*

*Natural body pack with (curd, sandalwood powder, neem powder, bee honey, cocoa butter)*

*Natural moisturizing body lotion application*

*\*Above rates are inclusive of VAT and Service Charge*  
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## *98 All Over Body Beauty*

*02 Hours*

*Rs.12,300/=*

*Head, Shoulder and back massage using stress reducing herbal oils*

*Facial treatment incorporating herbal face mask*

*All over body scrub with indigenous herbs and plant, tea leaves extracts*

*Herb sandalwood and milk beauty bath*

*Moisturizing Aloe Vera body lotion application*

## *98 Relaxing Experience*

*02 Hours*

*Rs.11,850/=*

*Aroma Full Body Massage (Selecting aroma oil)*

*Special Reflexology*

*Facial Treatment*

## *Asana*

*02 Hours*

*Rs.9,800/=*

*Full head to toe massage using combinations of special herbal oils*

*Herb infused steam bath using indigenous Sri Lankan herbs*

*Nourishing herbal face mask*

## *Shama*

*1 ½ Hours*

*Rs.9,850/=*

*Head, Neck, shoulder and back massage using tension relieving essential oils  
Reflexology and herbal with salt water - foot bath.*

## *Devine*

*2 ½ Hours*

*Rs.11,900/=*

*Full Body Massage with body specific herbal oils.*

*Bee Honey body scrub treatment.*

*Foot reflexology and herbal foot bath.*

*Rehydrating body rub with natural Aloe Vera.*

## *Nirvana – 01*

### *01 Day Treatment*

*2 ½ Hours*

*Rs.12,450/=*

*Head Massage*

*Face Massage*

*Body Massage*

*Special Foot Reflexology*

*Herbal Steam bath*

*Herbal and Aroma oil bath*

## ***Nirvana - 02***

***02 Days Treatment***

***Rs.22,600/=***

***Day 01***

***2 ½ Hours***

*Head Massage*

*Face Massage*

*Body Massage*

*Foot reflexology*

*Herbal Steam bath*

*Herbal Bath*

***Day 02***

***2 ½ Hours***

*Head Massage*

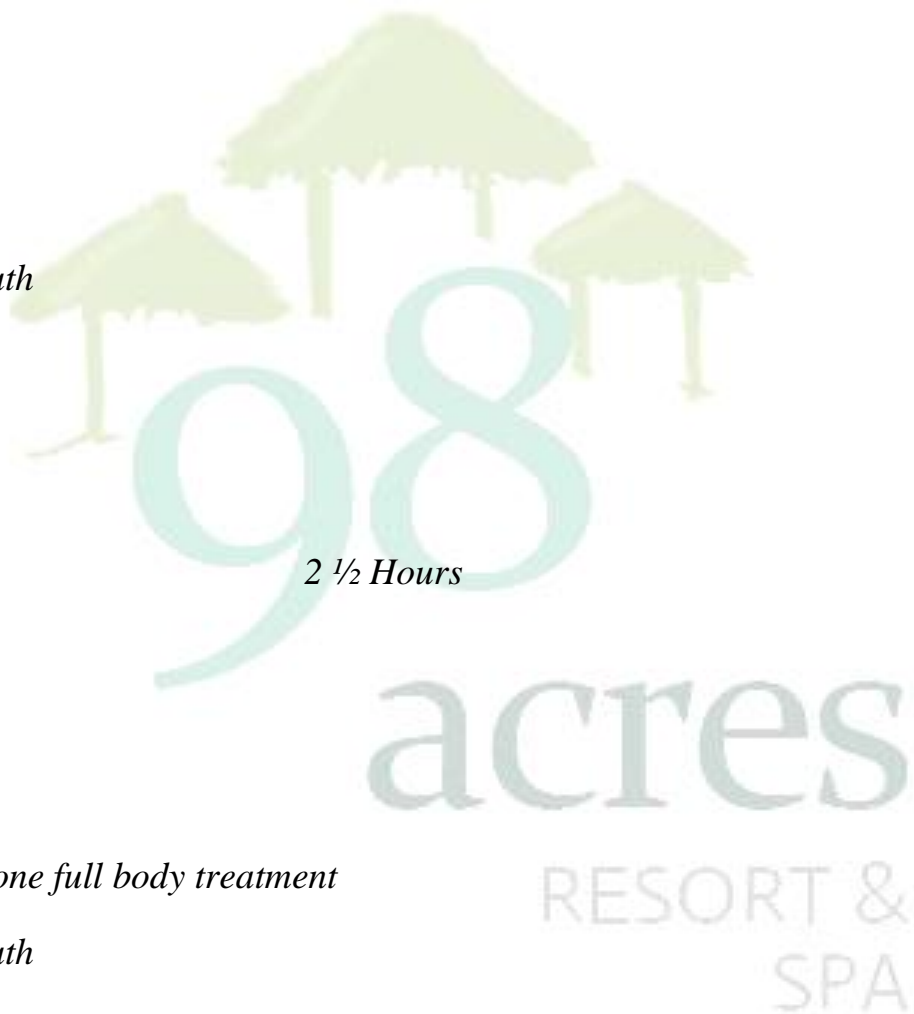
*Face Massage*

*Body Massage*

*Special warm stone full body treatment*

*Herbal Steam bath*

*Herbal and milk bath*







## ***Nirvana - 03***

***03 Days treatment***

***Rs.33,600/=***

***Day 01***

***2 ½ Hours***

*Head Massage*

*Face Massage*

*Body Massage*

*Special Foot reflexology*

*Herbal Steam bath*

*Herbal bath*

***Day 02***

***2 ½ Hours***

*Head Massage*

*Face Massage*

*Body Massage*

*Special warm stone full body treatment*

*Herbal Steam bath*

*Herbal and milk bath*

***Day 03***

***2 ½ Hours***

*Face Massage*

*Head Massage*

*Body Massage*

*Herbal Facial treatment*

*Body scrub (Sandal wood & Milk)*

*Herbal Steam Bath*

*Aroma bath (Aroma Oil, herbal, milk and flowers)*

***\*Above rates are inclusive of VAT and Service Charge***  
[www.resort98acres.com](http://www.resort98acres.com)